



Dear Colleague,

This month you'll find information on:

- **Lifestyle Medicine representation on PCCS Council**
- **PCCS CVD Academy enters Communique Awards**
- **Our 3,000th member**
- **Register for our PCCS Spring Conference 2023**
- **The ABC(H) of CVD in Wales: An update for Primary Care**
- **Darlington PCN Hypertension Resources**
- **New SNOMED Codes for FH DNA test results**
- **Best Practice London**

Lifestyle Medicine representation on PCCS Council

We're seeking to appoint a lifestyle and CVD representative from our membership to join our PCCS Council. Applications are welcome between now and 10th March. If you have an interest in joining the Council please contact our Secretariat at admin@pccsuk.org outlining the personal qualities you feel you could bring to the position.

PCCS CVD Academy enters Communique Awards

Feedback from our membership suggests that the PCCS CVD Academy has been an excellent resource for primary care. With this in mind we plan to enter this initiative into the Communique Awards 2023. These awards recognise industry projects in relation to education for HCPs.

As part of the awards submission it would be most appreciated if you could find time to share your views regarding both the Academy and also the PCCS Spring meeting that took place in May of last year at The King's Fund. It would be wonderful to bolster the submission with views from our members. If you can spare five minutes to [send us a testimonial](#) it would be most appreciated.

Our 3,000th member

As shared at the end of last year, we now have over 3,000 PCCS members. **Our 3,000th member is Dr Uju Mokah**, a GP Partner who has just moved to a new partnership.

We asked Dr Mokah what prompted her to join the PCCS:

"PCCS was mentioned during a *"Live Webinar – Management of cardiovascular disease prevention in primary care; a holistic approach"* in November last year with Professor Ahmet Fuat and Dr Yassir Javaid. I signed up to be a member to get updated information on CVD guidelines in general. I have interest in AF and Lipid Management."

We also asked if she'd had the opportunity to visit our CVD Academy yet:

"I am yet to explore any of the modules on your website, however, during the webinar it was mentioned about the wealth of information that can be obtained from the website. I cannot wait to settle into my new job and start exploring information on your website and using this information to improving patients' care."



Register for our PCCS Spring Conference 2023

The number of available delegate spaces is rapidly being filled for our third Spring Conference, *Exploring comorbidity in patients with cardiovascular disease*, being held at The King's Fund, London, on **Thursday, 25th May 2023** (08:15-16:55).

This year's meeting provides a forum for the presentation and discussion of managing comorbidities in patients with cardiovascular disease. Case studies will be shared to provide insights into dealing with these challenging situations. In addition we will discuss top tips for implementing quality improvement associated with each topic. We aim to bring together healthcare professionals and researchers with diverse backgrounds to facilitate the exchange of ideas and promote cross-disciplinary insights, and provide a platform to share innovations in treatment pathways. Conference sessions will cover:

- COPD and breathlessness
- Diabetes and CVD
- CKD/AKI in people with CVD
- Non-pharmacological management of hypertension
- Research in CVD – HEART and ASPIRE-TO-ACTION
- Frailty in CVD

The full agenda can now be viewed here: [PCCS MAIN WEBSITE - 2023 Spring Conference agenda \(pccsuk.org\)](https://pccsuk.org/2023-spring-conference-agenda)

To attend this free event, please register here: [PCCS MAIN WEBSITE - PCCS 3rd Spring Conference \(pccsuk.org\)](https://pccsuk.org/pccs-3rd-spring-conference)

The ABC(H) of CVD in Wales: An update for Primary Care

We would like to invite you to register for our first PCCS Wales Conference, taking place on **Wednesday, 26th April 2023** at the **Leonardo Hotel (formerly Jurys Inn), Cardiff**.

We hope that healthcare professionals, in Wales and surrounding areas, with an interest in **cardiovascular disease management** will be able to join us for this special event. The full agenda and speakers can be found here: [PCCS MAIN WEBSITE - PCCS Wales Conference - Agenda \(pccsuk.org\)](https://pccsuk.org/pccs-wales-conference-agenda)

To attend this free event, please register here: [PCCS MAIN WEBSITE - PCCS Wales Conference - Registrations \(pccsuk.org\)](https://pccsuk.org/pccs-wales-conference-registrations)

Darlington PCN Hypertension Resources

Professor Ahmet Fuat, Past President and current Education and Research Lead of the Primary Care Cardiovascular Society and Dr Amanda Riley, previous Clinical Director of Darlington PCN are delighted to share some recently developed resources from Darlington PCN. These include tools to help in the identification, diagnosis and management of hypertension as well as their local lipid management pathway and similar tools for the identification and diagnosis of atrial fibrillation. They hope that these resources provide clear and simple pathways that will be of use in your own PCN to aid your own service development. The resources can all be found on the [PCCS Academy website](https://pccsuk.org/pccs-academy-website).



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Driving primary care to deliver
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PCCS NEWSLETTER
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Innovation adoption national education programme

NHS England's Innovation, Research and Life Sciences (IRLS) team/Health Education England is working with Wessex Academic Health Science Network and other partners to scope and develop a national education programme to enhance innovation adoption and empower a culture of innovation across the health, social care and voluntary workforce. Your experiences and insights are important and they would be delighted if you could find time to join online for a rapid insight event designed to be completed in just one hour.

The same session will be run on two separate dates (**22nd February** and **15th March**), to give you options to attend. Please reserve your place on your preferred date at: <https://www.eventbrite.co.uk/e/innovation-adoption-champions-programme-rapid-insight-events-tickets-520281555137>

Once registered further information and joining instructions will be shared.

This event will bring colleagues together from across the system, including those who have been involved in this topic previously and those who are new to it, to explore how this new programme can address the barriers and challenges to innovation adoption.

Best Practice London

Best Practice has a new (second) home as it heads to the capital for the first time. Best Practice is not abandoning their established Birmingham base, but providing a second opportunity in the calendar for GPs and general practice colleagues to access valuable content to support their continuing development, all still free of charge.

We are delighted to be hosting three PCCS sessions at Best Practice London, taking place **Wednesday, 8th–Thursday, 9th March 2023** at Olympia, London.

PCCS sessions are as follows:

- 9 March at 14.00–14.30, Managing CKD: the hidden public health emergency with Dr Raj Thakkar
- 9 March at 14.45–15.15, Syncope: Falls, blackouts and the 3Ps with Dr Raj Thakkar
- 9 March at 15:30–16:00, Lipid Management with Prof Ahmet Fuat

Book your free place here: [Join PCCS at London's Newest Event for General Practice & Primary Care \(bestpracticelondon.co.uk\)](https://www.bestpracticelondon.co.uk)

Warmest regards,

Dr Jim Moore FRCP Edin
President of the Primary Care Cardiovascular Society
GP, GPwSI Cardiology



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