

Junior Food Intolerance Test

Why is it important to take the test?

A food intolerance is often caused by a difficulty digesting certain foods with symptoms emerging hours or days later. Depending on the type of food intolerance, the immune system can sometimes identify food protein particles as 'foreign' when they enter the blood stream and produce IgG antibodies to 'attack' the food in question.

We test for reactions to over 100 food and drink reactions, including cow's milk, wheat, gluten and eggs.

What we offer...

- Employees' can discuss their child's results in detail and find out the best way to eliminate their problem foods with 2 30 minute nutritional therapist consultations included.
- Receive expert, accurate analysis from our fully-accredited laboratory technicians
- Results listed in easy-to-read traffic light values: high, borderline, and normal reactivity
- Track their progress with a food and drinks diary



Help your employees' look after their families with



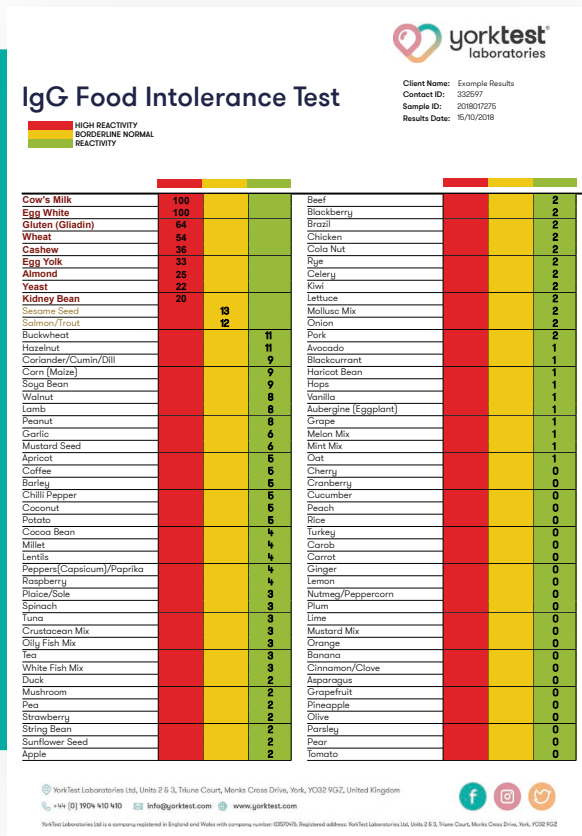
If your employees' children are suffering from these types of symptoms, then the **Junior Food Intolerance test** could be the perfect test for them:

- Nausea or sickness
- Diarrhea
- Skin problems, like eczema, psoriasis, rashes, itchy skin & hives
- Headache
- Wind
- Abdominal pain
- Lethargy



What do the results show?

Clear and easy to understand results with an accompanying guidebook and elimination diet diary



Green

These ingredients can in general be eaten without restriction, unless you already know that they cause a reaction and you have been avoiding them, in which case you should continue to do so.

Amber

Indicates a borderline reaction to these food and drink ingredient(s) and you may benefit by limiting their consumption.

Red

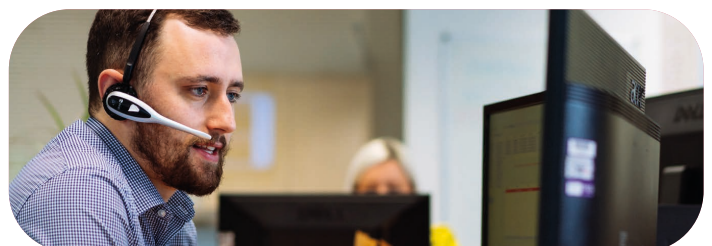
Indicates raised IgG antibody levels to these food or drink ingredient(s) and you should try to eliminate them completely from your diet.

How to take the test?

The Junior food intolerance test is a simple at home finger prick blood test. Just one finger-prick blood sample is required with blood collection kits and instructions for use issued from YorkTest with the kit box. Once the blood sample is taken send it back to our laboratory and your employee will receive their results directly.

Ongoing support YorkTest provided to your employees

- TWO 30-minute telephone consultations with a qualified nutritional therapist
- Nutritional support guide book
- 12-week diet diary and food elimination programme
- Specialist advice from our Scientific Director for complex cases
- A formal letter to your child's school



*yorktest food intolerance test results are provided for informational purposes only and are not a substitute for professional medical advice. The results cannot be used to diagnose, treat or cure medical or health conditions. If you are concerned about your symptoms then please contact your GP. Information is for educational purposes only and you must never disregard professional medical advice or delay in seeking it based on the information provided. yorktest define Food Intolerance as a food-specific IgG reaction. If you haven't eaten a particular food at all for more than 6 weeks it may not be picked up by our test.



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