

# Bereavement Training for a Compassionate Workplace

## From the National Bereavement Service

Equip your teams with the skills to support colleagues, clients, and service users through life's most difficult moments. Evidence-based, CPD-accredited training designed for impact.



### Core Training: Increasing Awareness of Bereavement, Grief & Loss

This CPD-accredited session explores the emotional, physiological, and practical impact of grief, helping participants feel confident when navigating sensitive conversations.

**3.5-hour**

in-person or virtual workshop

**Max 20 participants**

for optimal interaction

#### Learning objectives:

- Understand the psychological impact of grief
- Build confidence when supporting bereaved people
- Recognise cultural and faith influences in mourning
- Promote resilience and self-care to avoid burnout

#### Contact Us

Book your session today –  
let's tailor a workshop for your organisation.

[info@thenbs.org](mailto:info@thenbs.org)

[www.thenbs.org](http://www.thenbs.org)

Nationwide delivery | In-person & virtual options available. Compassionate workplaces start with confident conversations. Let us help you build a grief-aware culture.

### Sector-Specific Training: Tailored Modules to Meet Your Needs

#### Financial Services

- Improve bereaved client experience
- Reduce risk of financial abuse
- Strengthen brand trust

#### Health & Social Care

- Enhance compassionate care
- Address mental health impacts of grief
- Prevent burnout among frontline teams

#### People Partners & Leaders

- Create a grief-aware workplace
- Support staff returning from bereavement leave
- Build leadership confidence in difficult times

#### Charity Professionals

- Support bereaved service users & volunteers
- Strengthen emotional resilience within teams

#### Mental Health First Aiders

- Spot signs of grief
- Create psychologically safe spaces
- Promote self-care & peer support

#### Training May Cover Topics Such As:

- Supporting bereaved employees in the workplace
- Talking to clients and customers who are grieving
- Handling death administration with empathy
- Cultural and religious death traditions
- Return-to-work conversations following a loss

#### Some of the clients we've worked with:

