

Outstanding Technician of the Year

| Institution name | John Waters, University of Liverpool |
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| Submission title or project name | Inculcating a culture of care for laboratory animals and their carers |
| Nominee/key personnel | Mr John Waters, BSc, MIAT, RAnTech, NACWO |
| URL | https://www.nc3rs.org.uk/how-to-pick-up-a-mouse |
| Submission | John Waters is nominated as Outstanding Technician of the Year for the exceptional contribution he has made to inculcating a culture of care: promoting best practice in handling laboratory animals to maximise welfare, and providing substantial support to fellow animal technicians across the UK and beyond. John has demonstrated enormous commitment and leadership in improving the lives of laboratory rodents required for biomedical research, and of the people that look after them. |
| | Having played a key role in developing handling methods that substantially improve laboratory rodent welfare, John has undertaken numerous knowledge transfer and training events to promote uptake among technicians and researchers, nationally and internationally. This included gaining a prestigious fellowship to visit research institutions and a major conference in Maryland, USA. As a Council member of the Institute of Animal Technicians, John has developed initiatives to support fellow technicians and to encourage others to "make a difference". |