

THE AWARDS 2020

Most Innovative Teacher of the Year

Institution name	Judith Francois, <i>Kingston University</i>
Submission title or project name	Reflection Tool Kit
Nominee/key personnel	Judith Francois, Senior Lecturer, Clinical Leadership and Management
URL	
Submission	<p>Judith has designed a reflective toolkit and story-telling approach that has proved beneficial in enhancing student ability to both reflect and to gain an understanding of their personal resilience skills. They have provided the opportunity for students to take the lead in identifying their personal strengths in a variety of contexts, and to consider what they might need in times of challenge.</p> <p>The tools and techniques have been adapted and used both by students and tutors in the university, and have been adapted for use in Bespoke Leadership programmes in the NHS.</p>