

THE AWARDS 2021

Research Project of the Year: Arts, Humanities and Social Sciences

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| Institution name | University of Nottingham |
| Submission title or project name | Hungry for Words: Creative Approach to start the conversation about eating disorders in men |
| Nominee/key personnel | Dr Heike Bartel (UoN); Dr Una Foye (KCL); Dr Dominique Thompson (GP and author) |
| URL | https://www.nottingham.ac.uk/research/groups/hungry-for-words/index.aspx |
| Submission | <p>Eating disorders (EDs) in men and boys are rising sharply. Bartel's 'Hungry for Words' has addressed this pressing situation and transformed the understanding of this complex illness via an interdisciplinary AHRC and Wellcome-funded project on patient-centred narratives of EDs in literature and other media.</p> <p>The project generated new resources that have won the endorsement of three key medical bodies and reached over 500,000 medical practitioners. It has dramatically increased GPs' confidence to spot the signs of EDs in men and to begin a conversation with them.</p> <p>As a result of the project, a major EDs UK charity, First Steps ED, altered its policy and practices and created new tailor-made services for boys and men. First Steps ED became a leading charity in the sector, with the project contributing to a substantial increase in young men seeking help and creating new, specialist services and jobs to support them.</p> |